



American Society for Nutrition
Excellence in Nutrition Research and Practice
www.nutrition.org



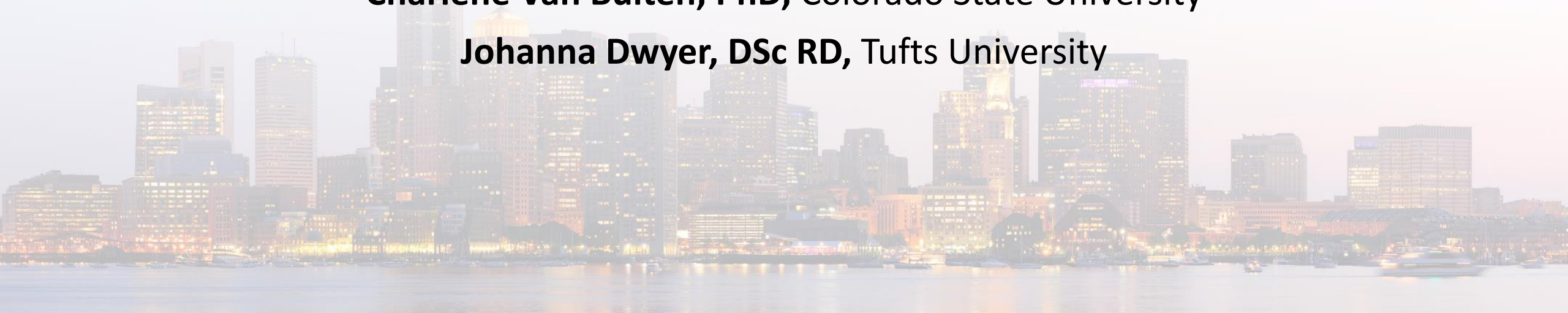
NUTRITION 2023

It's Time to Quantify Intake Recommendations for Dietary Bioactives

Co-chairs

Charlene Van Buiten, PhD, Colorado State University

Johanna Dwyer, DSc RD, Tufts University





July 22-25 • Boston, MA

#Nutrition2023



Objective: Establish the basis for quantifying intake recommendations for dietary bioactives and engage with experts on communicating guidance through health care providers.

It is time to translate research evidence into quantified dietary bioactive intakes. John Erdman, PhD, University of Illinois

Flavan-3-ols evidence translated into a quantified guideline. Gunter Kuhnle, Diplom Biochemiker, University of Reading

It's time to quantify lutein intakes to support normal vision. Paul Bernstein, MD PhD, Moran Eye Center

It's time to quantify omega-3 intakes to support normal pregnancy term. Susan Carlson, PhD, University of Kansas

Panel on next steps to communicate recommended intakes through health care providers. Speakers and Julie Poteet, OD MS CNS FONS, Ocular Wellness and Nutrition Society