

Stakeholder Roundtable on Translation of Nutrition & Cognitive Health Science



IAFNS organizes stakeholder exchanges to bring together diverse perspectives from across the food and beverage ecosystem.

- Delivering on the vibrant promise of food and nutrition science requires transcending conventional barriers across disciplines and sectors.

IAFNS Cognitive Health Committee hosted a Stakeholder Roundtable in February 2024 to connect organizations and address common needs and challenges.

The Stakeholder Roundtable on Translation of Nutrition & Cognitive Health Science brought together leading organizations in nutrition and cognition & brain health. The forum gathered experts from multiple sectors, including patient advocacy groups, health care organizations, and research funding organizations.

- There are variable processes for gathering, interpreting, and communicating the state-of-the-science related to the influence of nutrition on cognition.
- There are no standardized frameworks for evaluating scientific evidence on this topic.
- This makes communicating actionable insights difficult, despite increasing interest in guidance on how foods, diets, and nutrients can support cognitive health.

The roundtable discussion set out to learn about and aggregate current practices for vetting nutrition and cognition research in support of public health.

Participating Organizations:

Alzheimer's Association
The American Society for Nutrition
The National MS Society

CCNV
Consortium canadien en
neurodégénérescence
associée au vieillissement



CCNA
Canadian Consortium
on Neurodegeneration
in Aging

eat right. Academy of Nutrition
and Dietetics



This science-focused event brought together stakeholders with shared interests. Translation of research is advanced and strengthened by a global understanding of approaches and perspectives across the scientific community.

IAFNS Stakeholder Exchange



Institute for the Advancement of Food and Nutrition Sciences

The IAFNS Cognitive Health Committee explores how foods, nutrients, diets and bioactive food components support optimization and maintenance of cognitive performance.

- With a focus on health promotion, the Cognitive Health Committee advances translational nutrition research - prioritizing real world cognitive health outcomes with meaningful impact on quality of life from adolescence through older age.

The Stakeholder Roundtable on Translation of Nutrition & Cognitive Health Science was a forum for information exchange, sharing of strategies, and inspiring ideas for evidence-based translation of this complex area.

- A perspective paper is under development to communicate the key outcomes.

Participating groups sharing positions, perspectives, and priorities included:

- AARP
- Academy of Nutrition & Dietetics
- Alzheimer's Association
- American Society for Nutrition
- Canadian Consortium on Neurodegeneration in Aging
- European Brain Council
- National Multiple Sclerosis Society

Members of IAFNS Cognitive Health Committee includes representatives from:

- Balchem
- Cargill
- Florida Department of Citrus
- General Mills, Inc.
- Haleon
- Kraft Heinz
- Northwestern University
- Ocean Spray Cranberries, Inc.
- Reckitt Benckiser
- Stanford University
- Swansea University
- U.S. Department of Agriculture
- University of Iowa

IAFNS mobilizes Government, Industry, and Academia to drive, fund, and lead actionable science in support of public health.

Join us in connecting, collaborating, and catalyzing science that matters! Together, we can ensure credible science drives and informs decision making – from policy makers to consumers.

For information on IAFNS, please connect with us! science@iafns.org.

Nutrition & Cognitive Health Stakeholder Roundtable